## WHAT IS CLAIMED IS:

1	<ol> <li>A vortex inhibitor for molten metal pouring from a discharge</li> </ol>			
2	nozzle comprising:			
3	a uniform castable refractory body having a generally tapering shape			
4	along a longitudinal axis from a base toward a narrow end and a hollow chamber			
5	positioned longitudinally to the body extending within the body; and			
6	an elongated sacrificial member retained by the hollow chamber to			
7	form an integral body;			
8	whereby the integral body combining the refractory body and the			
9	sacrificial member has a specific gravity less than the specific gravity of molten			
10	metal, and is self-orienting in a narrow end downward position when supported in			
11	molten metal.			
1	2. The vortex inhibitor of claim 1 wherein protrusions extending			
2	outwardly from the sacrificial member mount in the hollow chamber to form an			
3	integral body.			
1	3. The vortex inhibitor of claim 1 wherein crimps extending			
2	outwardly from the sacrificial member mount in the hollow chamber to form an			
3	integral body.			
	g,			
1	4. The vortex inhibitor of claim 1 wherein the hollow chamber			
2	carries metal core upon introduction into the metal receptacle.			
1	<ol> <li>The vortex inhibitor of claim 1 wherein the sacrificial member</li> </ol>			
2	is hollow.			
1	6. The vortex inhibitor of claim 1 wherein the sacrificial member			
2	is a solid bar.			
1	7. The vortex inhibitor of claim 1 wherein an exposed surface of			

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1		8.	The vortex inhibitor of claim 4 wherein the sacrificial member	
2	is coated with a refractory material.			
1		9.	The vortex inhibitor of claim 3 wherein the sacrificial member	
2	is filled with	a rerrac	tory material.	
1		10.	The vortex inhibitor of claim 1 wherein the body includes a	
2	complex polygonal base.			
1		11.	The vortex inhibitor of claim 1 wherein the base is hexagonal.	
1		12.	The vortex inhibitor of claim 1 wherein the base is octagonal.	
1		13.	A vortex inhibitor for molten metal pouring from a discharge	
2	nozzle comprising:			
3	a uniform castable refractory body having a generally tapering shape			
4	along a longitudinal axis from a base toward a narrow end and a shaft positioned			
5	longitudinally to the body extending within the body; and			
6		an ele	ongated sacrificial member retained by the shaft to form an	
7	integral body			
8	whereby the integral body combining the refractory body and the			
9	sacrificial member has a specific gravity less than the specific gravity of molten			
10	metal, and is self-orienting in a narrow end downward position when supported in			
11	molten metal			
1		14.	The vortex inhibitor of claim 13 wherein the shaft is hollow.	
1		15.	The vortex inhibitor of claim 13 wherein the shaft is solid.	
1		16.	The vortex inhibitor of claim 14 wherein the sacrificial	

member contains external screw threads.

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- 1 17. The vortex inhibitor of claim 15 wherein the sacrificial member contains external screw threads.
- 1 18. The vortex inhibitor of claim 16 wherein an end of the shaft contains internal screw threads, wherein the external screw threads on the sacrificial member and internal screw threads are matable.
- 1 19. The vortex inhibitor of claim 14 wherein the sacrificial
  2 member contains internal screw threads and an end of the shaft contains internal
  3 screw threads.
  - 20. The vortex inhibitor of claim 19 further comprising a nipple with external screw threads at each end, wherein the nipple mates the sacrificial member with the shaft.
  - The vortex inhibitor of claim 17 wherein an end of the shaft contains external screw threads.
  - 22. The vortex inhibitor of claim 21 having a coupling containing internal screw threads, wherein the coupling mates the sacrificial member with the shaft, whereby the body and the sacrificial member combination form an integral vortex inhibitor.
- 1 23. The vortex inhibitor of claim 13 wherein the sacrificial member is hollow.
- 1 24. The vortex inhibitor of claim 23 wherein the sacrificial member is positioned snugly over the shaft.
- 1 25. The vortex inhibitor of claim 13 wherein the shaft extends 2 partially within the body.